



The 2019 Concussion Combine

Please join us for this **FREE** event that will provide baseline testing and information for athletes, parents, and coaches of youth organizations in Warren and Hunterdon Counties in New Jersey

Thursday August 1, 2019
Registration: 5:00 P.M (Auditorium)
Combine: 5:30-7:30 P.M.



Location:

Phillipsburg High School
1 Stateliner Boulevard
Phillipsburg, NJ 08865

Event Registration: **You must reserve a spot for this event.** Athletes should plan on 2 hours to complete all of the testing.

Visit this link to register: <https://www.signupgenius.com/go/60B0E4CABA72AA7F94-stlukes>

Combine activities:

- Concussion Baseline Testing - ImPACT computer testing
- Sports Performance Testing – athletes will see where they rank nationally for their grade level on a series of 5 performance tests
- Educational Programming for parents and coaches – Series of lectures by St. Luke's physicians and other experts focused on
 - Concussion
 - Heat related illness
 - Rehabilitation of injury
 - Sports Nutrition
- St. Luke's Services will be onsite for information and screenings
 - Cardiology, weight management, primary care, endocrinology, behavioral health, CareNOW
- Coaching CPR/AED certification will be provided from 5:30-7:00pm
 - **You must reserve your spot, there is a cost of \$40 per coach**
 - Please visit this link to register for CPR training:
<https://www.signupgenius.com/go/60B0E4CABA72AA7F94-coaches>

For more information contact: Jim Reidy at james.reidy@sluhn.org or 484-526-7636